



## K-9 FIRST AID KIT INVENTORY

### Equipment

Bandage Scissors – Lister  
 Hemostats – small curved, straight  
 Plastic Bottle  
 Thermometer – digital, flexible tip

### Supplies

Alcohol Wipes – clean intact skin, clean thermometer  
 Cling Elastic Wrap – Pet Flex: outer bandage layer  
 Cotton cast pad roll – 3”: bandage intermediate layer  
 Gauze Sponges – 4x4, sterile, wound contact layer  
 Gauze Rolls – 3”, 4”: bandage intermediate layer  
 Gloves – non-sterile, Nitrile hypoallergenic  
 Q-Tips – clean ears; apply styptic powder  
 Tape – 1” cloth, easy tear  
 Tongue Depressors

### Treatments

Antibiotic Ointment – Triple Ab, individual packs  
 Eye Irrigation Solution – gentle stream, eyes & wounds  
 Hemostasis Agent – Celox, QuikClot  
 Hydration Powders – Hydrolyte, K-9 Quencher  
 Antimicrobial Wipes – betadine/chlorhex; cleanse wounds  
 Lubricant – Surgilube, sterile: lubricate thermometer  
 Sam Splint – cuttable, malleable: extra limb support  
 Skin Glue – Med Bond: use gloves to apply  
 Skin Staples – 35 Wide: may hurt a bit  
 Styptic Powder – Kwik Stop, less sting: use moist Q-tip

### Other Recommendation/Options

Antacid of choice – Prilosec 0.5-1 mg/kg once/day  
 Zantac 0.5-2 mg/kg twice/day  
 Diphenhydramine – Benadryl 2-4 mg/kg or 1-2 mg/#  
 50-100 mg tablet per 50 # dog  
 Endotracheal tube – sized for your dog  
 Non-Steroidal Anti-Inflammatory of choice  
 Personal Medications – 3 week supply



## PHYSICAL EXAMINATION NORMALS

Temperature	Rectal, Aural (may be less accurate)	100-102.5°F/38-39°C
Mentation	Observe, handler opinion	‘BAR’ = bright, alert, responsive
Hydration	Feel gingival or lip mucous membranes	Moist mucous membranes (MM)
	Tent skin over neck or back, check eyes	Skin ‘snaps’ back, eyes not sunken
Mucous Membranes	Check color & capillary refill time (CRT)	Pink & 1-2 seconds
	Look at gingival, inner lip, conjunctiva	
Prepuce, Vulva	Chamber clarity, conjunctiva, retinas	Clear, no discharge
Eyes	Pupillary light response (PLR)	Pupils E/R (equal/responsive)
	Nictitans normal position	D/I (direct, indirect)
Ears	Visual exam, odor	No discharge or malodor
	Otoscopic exam (challenging)	Tympanic membrane intact
Nose	Visual, Glass/feather test	Symmetrical, no discharge
	Place before each nostril	Airflow from each nostril
Throat/Oral	Lift lips, check teeth/gums	Teeth/gums intact, no blood
	Open mouth, check tongue	No pain, ✓ tonsils, gag reflex
PLNs (Peripheral Lymph Nodes)	Palpate parotid, mandibular, prescap, axillary, popliteals	Small or non-palpable
Heart, Pulse	Auscultate heart left 5 <sup>th</sup> rib	70-140 bpm, no murmur
Femoral pulse inner thigh	Strong, synchronous to heartbeat	
Lungs, Respiration	Dorsal metatarsal (top of foot)	No prominent jugular pulse
	Auscultate thorax over ribs	Clear lung sounds
	Observe breathing	15-30 brpm, no effort
Abdomen	Palpate spleen, GI, bladder	Non-painful, concave shape
Urogenital	♀: vulva, mammary glands	No swelling, discharge, pain, wound, blood
	♂: prepuce, penis, scrotum	Good coat, no pain, wounds, swelling, excessive heat/cold
Integument	Part the hair to observe skin	
	Run hands over body/limbs	
	✓ Paw pads, spread between toes	
Rectal/Perineum	Observe area	No swelling, wounding, pain
	Lubricated/gloved finger	♀: vagina/urethra ventrally
	♂: prostate, urethra ventrally	
Musculoskeletal	Observe gait, posture	No lameness, swelling, pain or stiffness
	Palpate abnormalities	BAR, visual, no spinal pain
Neurological	Mental state, cranial nerves	Normal reflexes
	Spinal pain, Limb reflexes	